

Camp Middlesex – Weeks 2, 5, and 8 Menu – Summer of 2015

***Note: Meals are subject to change**

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST *All meals have cereal and breakfast bar options with fruit, yogurt, milk and juice		Pancakes Sausage Fruit	Puffed Fruit Pastry Home Fries Fruit	French Toast Sausage Fruit	Scrambled Eggs Muffins Fruit	Waffle Stix Home Fries Fruit	(Trip Day – After week 2) Cereal and bagels Fruit
LUNCH *All meals have salad bar option with milk and juice. Peanut Butter & Jelly also offered.	Brunch Omelets Bagels Home Fries Toast	Grilled Cheese Tomato Soup Crackers Potato Chips Vegetables	Pretzel Melts Ham & Cheese on a pretzel bun Pasta Salad Vegetables	Chicken Nuggets Smiley Fries Vegetables	BLTs Lettuce Tomatoes Cheese Vegetables	Plain or Veggie Pizza Macaroni Salad Vegetables	Trip Lunch Cold Cut Sandwiches Chips Vegetables
DINNER *All Meals have salad bar option with milk and juice. Peanut Butter & Jelly also offered.	Spaghetti with Meatballs Garlic Bread Vegetables Pudding with Whipped Cream	Baked Chicken Rice Vegetables Bread & Butter Cookies	Fiesta Night! Tacos Burritos Cheese/Beef Vegetables Fixings Strawberry Short Cake	COOKOUT Hamburgers Hotdogs Corn on Cob Baked Beans Pasta Salad Watermelon	Turkey Mashed Potatoes Vegetables Rolls Whoopie Pies	Barbecue Pulled Pork Sandwiches Cornbread Vegetables Congo Bars	Lasagna Vegetables Ice Cream

Camp Middlesex – Weeks 3 and 6 Menu – Summer of 2015

***Note: Meals are subject to change**

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST *All meals have cereal and breakfast bar options with fruit, yogurt, milk and juice		Pancakes Sausage Fruit	Scrambled Eggs Toast Home Fries Fruit	French Toast Sausage Fruit	Bagels with a Variety of Spreads Fruit	Croissants Home Fries Fruit	(Trip Day – After week 6) Cereal and bagels Fruit
LUNCH *All meals have salad bar option with milk and juice. Peanut Butter & Jelly also offered.	Brunch Omelets Bagels Home Fries Toast Fruit	Chicken Wrap Vegetables	Meatball Subs Cheese Pasta Salad Vegetables	Popcorn Chicken Vegetable Soup Tator Tots Vegetables	Philly Cheese Steak or Veggie Burger Onion Rings Vegetables	Plain or Veggie Pizza Potato Salad Vegetables	Trip Lunch Cold Cut Sandwiches Chips Vegetables
DINNER *All Meals have salad bar option with milk and juice. Peanut Butter & Jelly also offered.	Ziti w/ Plain or Meat Sauce Garlic Bread Vegetables Rice Krispie Treats	Chicken Stir Fry Egg Rolls Corn Apple Crisp	Fiesta Night! Beef Fajitas Cheese/Beef Vegetables Fixings Cookies	COOKOUT Hamburgers Hotdogs Corn on Cob Baked Beans Pasta Salad Ice Cream	Beef Brisket Cabbage Carrots Cake	Chicken Parm Vegetables Rolls Congo Bars	Trip Dinner Lasagna Vegetables Ice Cream

Camp Middlesex – Weeks 4 and 7 Menu – Summer of 2015

***Note: Meals are subject to change**

MEAL	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST *All meals have cereal and breakfast bar options with fruit, yogurt, milk and juice		Pancakes Sausage Fruit	Egg, Cheese & Sausage English Muffins Home Fries Fruit	French Toast Sausage Fruit	Scrambled Eggs Biscuit Fruit	Waffle Stix Home Fries Fruit	(Trip Day – After week 4) Cereal and bagels Fruit
LUNCH *All meals have salad bar option with milk and juice. Peanut Butter & Jelly also offered.	Brunch Omelets Bagels Home Fries Toast Fruit	Grilled Cheese Tomato Soup Vegetables	Corn Dogs French Fries Vegetables	Chicken Nuggets Onion Rings Vegetables	BLTs Lettuce Tomato Cheese Vegetables	Plain or Veggie Pizza Potato Salad Vegetables	Trip Lunch Cold Cut Sandwiches Chips Vegetables
DINNER *All Meals have salad bar option with milk and juice. Peanut Butter & Jelly also offered.	Chicken Alfredo Garlic Bread Broccoli Pudding with whipped cream	Veggie or Meat Chili Con Carne Vegetables Corn Bread Brownies	Fiesta Night! Quesidillas Tacos Cheese/Beef Vegetables Fixings Pie Night!	COOKOUT Hamburgers Hotdogs Corn on Cob Baked Beans Pasta Salad Ice Cream Bar	Shepherd's Pie Vegetables Cake	Meatloaf Gravy Baked Potato Dinner Rolls Congo Bars	Trip Dinner Lasagna Vegetables Ice Cream